

Advocacy Kit for Adults with Disabilities

Caroline Gooden, U of KY

- Initial inception
- Development
- Review and revisions
- Final product



Initial Inception

- AUCD conference 2017: Jennifer Ulbricht, Consumer Advisory Council member, and Caroline discuss initial idea for Kit
- As service provider and consumer of services, Jennifer identified need for accessible resources
- Kit to provide hard copy and electronic resources to develop advocacy skills



Kit Development

- Review of current literature and Toolkits for advocacy (e.g., HDI, AUCD, Taking Charge of My Health)
- Development of Kit for persons with disabilities (KY specific, though universally applicable)
- Collaborative efforts of Jennifer, Caroline, and graduate students



Kit Contents

- Define terms (advocacy, discrimination, supported decision-making)
- Learn key facts about history of advocacy
- Identify strengths and needs for advocacy
- Identify advocacy goal
- Identify resources to achieve goal
- Visuals and encouraging quotes throughout



Activities

Review and Revise

Multi-stage, multi-year review

- Pilot draft with KY providers and families
- HDI Consumer Advisory Council
- HDI technology and staff with disabilities
- KY Commonwealth Council for Developmental Disabilities adults with disabilities



Final Advocacy Kit

- Beginning advocacy skills
- Target: adults with disabilities (Charlton, 2000: Nothing About Us Without Us)
- Activities and resources
- Use of graphics
- Appropriate reading level

**BE AN
ADVOCATE**



For more information

Please contact me for more information!

- Caroline.gooden@uky.edu
- Human Development Institute, University of KY
website: <https://www.hdi.uky.edu/>; link to
Advocacy Toolkit